

MATURITY EVALUATION

The purpose of this evaluation is not to prove how mature you are but to identify those weak areas to be able to work on them and become more mature. Read each statement and mark the most appropriate number. Then have a close friend, relative or discipler also rate you.

1=doesn't apply; 2=rarely applies; 3=sometimes applies; 4=often applies; 5=normally applies.

INFANT STAGE: BIRTH THROUGH AGE 3 (Newborns and toddlers are included here, up to the age where they can effectively say what their needs are.) Primary Task to be complete during this stage: <u>Learning to receive</u> Primary Resulting Problem in adult life when this task is not completed: Weak or stormy relationships		
	SELF	OTHER
1. Able to live in joy; understands that joy is one's normal state, and builds joy strength	① ② ③ ④ ⑤	① ② ③ ④ ⑤
2. Is able to trust others.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
3. Is able to receive from others.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
4. Able to organize self into a person through relationships.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
5. Able to return to joy from every unpleasant emotion.	① ② ③ ④ ⑤	① ② ③ ④ ⑤

CHILD STAGE: AGE 4 THROUGH 12 (Age 12 is the earliest age this stage can be completed.) Primary Task to be completed during this stage: <u>Taking care of self.</u> Primary resulting problem in adult life when this task is not completed: Not taking responsibility for self.		
	SELF	OTHER
1. Able to ask for what is needed—can say what one thinks and feels.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
2. Knows what brings personal satisfactions.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
3. Has persistence to do hard things.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
4. Has developed personal resources and talents.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
5. Knows self and takes responsibility to make self understandable to others.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
6. Understands how he or she fits into history as well as the "big picture" of what life is about.	① ② ③ ④ ⑤	① ② ③ ④ ⑤

THE ADULT STAGE: AGE 13 TO BIRTH OF 1ST CHILD

(Age 13 is about the earliest age at which adult-level tasks may be accomplished.)

Primary Task to be completed during this stage: Taking care of two people simultaneously.

Primary Resulting Problem when this task is not completed: Lacks the capacity to be in mutually satisfying relationships.

	SELF					OTHER				
1. Cares for self and others simultaneously in mutually satisfying relationships	①	②	③	④	⑤	①	②	③	④	⑤
2. Remains stable in difficult situations, and knows how to return self and others to joy.	①	②	③	④	⑤	①	②	③	④	⑤
3. Able to bond with peers; able to develop a group identity.	①	②	③	④	⑤	①	②	③	④	⑤
4. Takes responsibility for how personal actions affect others, including protecting others from self.	①	②	③	④	⑤	①	②	③	④	⑤
5. Contributes to the community; articulates “who we are,” as part of belonging to the community.	①	②	③	④	⑤	①	②	③	④	⑤
6. Expresses the characteristics of his or her heart in a deepening personal style.	①	②	③	④	⑤	①	②	③	④	⑤

THE PARENT STAGE: BIRTH OF 1ST CHILD UNTIL YOUNGEST CHILD HAS BECOME AN ADULT

Primary Task to be completed during this stage: Sacrificially taking care of children.

Primary Resulting Problem when this task is not accomplished: Distant or conflicted family relationships.

	SELF					OTHER				
1. Protects, serves, and enjoys one’s family.	①	②	③	④	⑤	①	②	③	④	⑤
2. Is devoted to taking care of children without expecting to be taken care of by the children in return.	①	②	③	④	⑤	①	②	③	④	⑤
3. Allows and provides spiritual parents and siblings for their children.	①	②	③	④	⑤	①	②	③	④	⑤
4. Learns how to bring children through difficult times, and return to joy from other emotions.	①	②	③	④	⑤	①	②	③	④	⑤

THE ELDER STAGE: BEGINNING WHEN YOUNGEST CHILD HAS BECOME AN ADULT

Primary Task to be completed during this stage: Sacrificially taking care of the community.

Primary Resulting Problem when this task is not accomplished: The overall maturity of the community declines.

	SELF	OTHER
1. Establishes an accurate community identity, and acts like self in the midst of difficulty.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
2. Prizes each community member, and enjoys the true self in each individual.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
3. Parents and matures the community.	① ② ③ ④ ⑤	① ② ③ ④ ⑤
4. Gives life to those without a family through spiritual adoption.	① ② ③ ④ ⑤	① ② ③ ④ ⑤

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