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Set Apart Ministries Inc. Newsletter

An Equipping Ministry

August 2005

Greetings!

Once again, we bring you information on *Maturing in Our Messiah*, for Messianic Community members and for the leadership of these communities. As we learn how to walk in Torah, we come more and more into the understanding that it cannot be done alone. Just as our Messiah Yahshua said, we really ARE all part of a body with Him as our Head.

It is difficult for members to find their niche in a small community or house fellowship, as so many Messianic groups are, in different ways than people can get "lost" in a larger congregation. Learning to voluntarily come together in an **interdependent way** is often a foreign concept in our democratic, hierarchical **highly independent way** of thinking. Therefore, both members and leaders have things to learn about how to function together effectively. In this issue, we continue our series on *Maturing in Messiah*, which addresses the way we handle relationships and conflict that inevitably arises.

We also are providing the dates of the teleconferences offered in September and additional comments on the first issue of concern noted by those who responded to our First Year of Torah Observance Concerns survey. Today the theme is dealing with regrets. In two weeks, we will be addressing the question of refuting fears of legalism. As always, we appreciate your feedback and prayers for us as we keep those who read our newsletters in our prayers.

Our apologies for an error in the last newsletter. If you were looking for Zephaniah 14, you would still be looking! The actual quote is from Zechariah 14.

Maturing in Messiah



Today, we're going continue our discussion on reactivity. Have you begun to notice when you are reacting instead of responding? What happens in a relationship that is based more on reactivity than on responsibility?

The first thing that happens is one of the parties is triggered by a look, a tone, a memory, etc. Example: "Honey, did you remember to lock the garage door?" BAM! "You're always on my case-- always bugging me...What about you? Blah, Blah, Blah." The one triggered wants conflict and tries to draw the other person into the conflict.

Then other person is provoked and drawn into the fight. "Oh, yeah, well, I do more around here than you do!" That leads to the

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Coping with Regret



In our First Year Torah Obseance Survey, the initial results show that people experienced difficulty dealing with their own feelings of

anger, shock and regret as a primary concern. Today we concentrate on **regret**.

"I've been a church member my whole life and I never knew these things! I feel so sorry for my lack of knowledge and how I have spoken things I now understand to be untrue!" " I regret that I was not serious enough about understanding the Word that I just took my leaders and Pastors "word for it". "Now what do I do about my past, filled with activities and celebrations I now see are not in the Word at all!" "Can YHWH forgive even these things?"

In a word, YES! He can forgive what we have done in ignorance, or unintentional sin. The more difficult question may well be, "Can He forgive when I knew better and still continued in my error?" Jeremiah 16: 19 refers to the lies we have inherited from our forefathers and the promise given through Jeremiah, among others that, although YHWH has disciplined His people, yet He has also promised to restore! The more we study His Word, especially the Haftarah, we see this theme repeated over and over again. It has been His plan for us to be in this exile! He has scattered His people(ami dodi), to be not-His-people(lo ami) due to their failure to heed His Words of instruction. It is written, again in several places, that a veil is upon the nation of Israel, and also on the nations, until the fullness of the gentiles come in. When we can hold tightly to this knowledge, that indeed, NOTHING is beyond Him; that He has known and has planned for this blindness to be upon us for the time He specified; we can begin to let go of our own

third step, both parties are in a reactive state rather than a responsive one. The situation begins to escalate and can become out of control. After a time the rational side of the brain begins to kick in and people begin to be concerned about consequences.

This reactive state propels relationships into a downward spiral and takes time to overcome. The more these reactive states take place, the longer they take to overcome and it becomes harder and harder to return to joyfulness in the relationship. Battles increase in frequency and intensity, continuing to grow worse.

Communication begins shutting down. People will feel like they are in a no-win situation, or that something is wrong with them. They may try to discuss issues and talk honestly and openly about their anger, only to end up in another reactivity blow up.

If the pattern continues, people will fall into a seemingly hopeless situation. The relationship will spiral into a dead zone where there is a lack of caring. People will feel trapped and desperate. Is there any hope? Yes, in Y'shua our Messiah, we know there is hope.

In our next newsletter, we will discuss how we can begin to bring healing to our relationships and get out of the reactivity cycle.

Quick Links...

frustration and regret that we did not know. It wasn't time before!

Obviously, we can't suddenly undo our past, our enjoyment and cherishing of holidays that have held great meaning for us as we celebrated Him in the ways we grew up doing. And, just as obviously, our Father does already know what we have done and He knows our hearts, even when we were in the midst of pagan things. He is the giver of faith, "so that none can boast" and so is He also the One Who is able to open the eyes of our hearts and our spirits when He determines it is time!

As Sha'ul/Paul said, let us press on, forgetting what lies behind. It is possible to repent of something we didn't intend to do wrong, but sincerely didn't understand. He will receive our humble request and He will establish us in His righteousness, for His Name's sake! Don't miss this---For **HIS** Name's sake, He WILL do this! We need not worry. He is more than able to accomplish in us what He intends as we learn to yield to Him alone.

So, we must grieve and regret what we did not know in order to fully comprehend our error. This does not mean that we should remain in that state! We need people around us who will hear us out with empathy as we begin a new pattern of lifestyle. We equally need people around us who will not allow us to remain focused on our regrets. If someone continually focuses on the mistakes of the past, without assurance of forgiveness they may need additional help to understand the psychological processes underlying thier inability to let go. We at Set Apart Ministries pray for ourselves and for you the wisdom and grace needed to navigate these paths for each individual and for leaders to shepherd them well.

Upcoming Teleconferences

We are excited to offer you the opportunity to meet by telephone with others of like mind and concerns. Our first introductory sessions will be offered in September. Maturing in Messiah will meet on Monday evening, September 12. Walking in Torah 101 will take place on Thursday evening, September 15. Class sizes are limited.



Each of these groups will be one hour in length and give you an opportunity to experience a teleconference if you have not done so before! Exact time, telephone number to call and directions will be provided when you register for this no cost opportunity.

[Messianic Israel Alliance](#)

[First Year Torah Observance Survey](#)

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Maturing in Messiah group will feature an overview of the material about personal maturity levels in all areas: emotional, spiritual, developmental, and psychological. It will include brief descriptions of how these things impact our relationships within the Body of Messiah. Subsequent sessions will delve more deeply into participants experiences and how to apply such knowledge.

Walking in Torah 101 will be an opportunity to speak with other Torah pursuant believers who may be new to the experience and do not have many opportunities to speak with others in their home areas. We will follow the outline of the survey in establishing the priority of addressing subjects or the needs of the group at the time. Subsequent group topics will be announced and may include guest speakers on this most important and difficult subject.

Register now by contacting us at info@setapartmingb.org or by calling us at the number listed below. And if you haven't yet completed our survey on this subject, whether you have been walking in Torah for a long time or are just in your first year, please do so now by clicking on the link to the right. We appreciate all your input!

Who We Are



Founder of Set Apart Ministries and Personal Life Coach: Barbara L. Klika, BS, MSW Barb has been a clinical social worker in practice since 1983 with an abiding interest in working with attachment/bonding and maturity issues for individuals, couples and groups. She has been a congregational leader for over 20

years in several areas, including Bible study and vocal and handbell choir direction. She is also a certified Bethel Bible Study teacher who has participated in serious study of the Word since 1993 through such organizations as Precepts Ministries and First Fruits of Zion. She has completed basic coaching training through MentorCoach, Inc. and will be continuing work toward an additional Masters degree in coaching. Barb has provided the clinical leadership in pursuing the Life Model group and individual teaching and processing emotional and maturity issues for the past 3 years. She offers her gifts of exhortation, discernment, intercession and prophecy to the Body of Messiah, both locally and in our extended community via telephone and the internet.

Board Member and Personal Life Coach: Marilyn Guffey. Marilyn

had been a congregational leader in her home church for over 20 years, providing Bible study, worship opportunities and lay counseling for women in transition for most of that time. She has completed her basic coaching training through MentorCoach, Inc. Marilyn has been the co leader in the provision of group and individual teaching and relationship development through the Life Model for the past 3 years. Marilyn is a serious student of the Word and has participated in and provided many Bible study opportunities, most recently with First Fruits of Zion and numerous additional Messianic Torah study materials. She thrives on offering her gifts of mercy, discernment, encouragement, intercession, and helps and has a strong desire to support the Body of Messiah in growing in maturity and faith, both locally and in our extended community via telephone and the internet.

Board Member (VP) and support person: Janell Schroeder, BBA works professionally as a computer reports specialist for a very large transportation company. She has been instrumental in the founding of Set Apart Ministries, functioning as a support person for people going through trauma recovery. She has attended numerous training experiences in this area and has participated in the Life Model program since it's beginning. Janell is a certified Bethel Bible Study teacher as well as a certified Precepts Bible Study teacher. She has also been in leadership in her previous congregation as a member of church council and in Adult and Child Education. She is currently working on her Bachelors Degree in Messianic Studies and plans to complete a Masters Degree through the Messianic Bible Institute Yeshiva. She brings her spiritual gifts of teaching, mercy, helps and intercession to our home Set Apart Ministries community.

Board Member, Secretary Treasurer: Robert Klika, BS Bob currently works professionally as a supervisor in the area of milk sanitation for the Wisconsin Dept. of Agriculture. Bob has been a leader in previous congregations through service on church council as well as in men's ministries. He provides leadership in several areas of our home community, particularly in the areas of practical arrangements for gatherings, youth ministry and fun nights, and corporate prayer as well as keeping accounts and necessary organizational paper work. He completed his high school education in a Roman Catholic Seminary and has participated in Bible study since then through several studies, including the Bethel Bible Study series and Messianic Torah for the past 4 years through First Fruits of Zion and many additional supplemental materials. He offers his gifts of helps and administration in our home Set Apart Ministries community.

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[Please pass this newsletter on to those you know who are new to Walking in Torah and those in Messianic Community Leadership.](#)

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