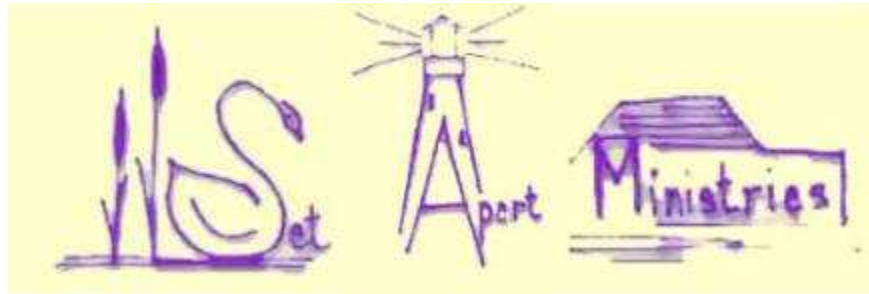


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## Set Apart Ministries Inc. Newsletter

An Equipping Ministry

July 2005

### Greetings!

We who are a part of the body of Messiah at Set Apart Ministries have grown to understand that we must take seriously the admonition to "grow up in every way into Him Who is our Head" if we are to accomplish our goal of building up the Body. To do so is to include emotional, intellectual, developmental, psychological and spiritual growth. A deep knowledge of Scripture and an ability to quote it at length has a dull shine if it is not coupled with wisdom, maturity and love. It will only be a noisy gong or clanging cymbal as Paul wrote to the Corinthians. Far too often, the same people who came together in joy and "first love" enthusiasm are soon coming apart at the seams over what appear to be unresolvable issues among them.

**A very significant Scripture for us has been:** *The gifts He gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Messiah, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Messiah. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the Head, into Messiah, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.*  
*Ephesians: 4: 11- 16*

We have found that our Father is developing a many faceted ministry here. We are currently aware of six different aspects as He builds us up in Him. Along with the study of the Word, regular worship and prayer times, groups of people are coming together expressly for the purpose of growing and maturing: emotionally, developmentally, intellectually, psychologically, spiritually. Many of us have had to deal with unexpected "holes" in our maturity, finding that there can be all too many fear bonds holding our relationships together, rather than the love bonds designed by our Father. The Life Model: Living from the

### Who We Are



Founder of Set Apart Ministries and Personal Life Coach: Barbara L. Klika, BS, MSW Barb has been a clinical social worker in practice since 1983 with an abiding interest in working with attachment/bonding and maturity issues for individuals, couples and groups. She has been a congregational leader for over 20 years in several areas, including Bible study and vocal and handbell choir direction. She is also a certified Bethel Bible Study teacher who has participated in serious study of the Word since 1993 through such

Heart Jesus Gave You , James Wilder PhD et al and Covenant Relationships, Keith Intrater

It is possible to mature in such ways that dealing with the normal ups and downs of relationships can become a strengthening point, rather than one of division. We address problems, not because we want to "surgically remove" anyone from the body who isn't quite where we think they "should" be. Rather, we hope to address the concerns in such a way as to come alongside, to exhort where needed, to enfold in support so that we can grow in Him. So uncommon in the world at large, and sadly so uncommon among believers, we have found the development of community to be an incredible example of the abundant life Y'shua told us to expect in this world; abundant blessing and abundant stressing! As we continue to live out this calling, we learn, address concerns and mature in every way into Him Who is our Head. We have learned much more than can ever be printed in words or a book. One of our goals, as we learn and grow, is to come alongside and encourage other faith communities in developing the maturity of their members, individually and corporately. **We believe maturity will be a crucial factor in the stability of our communities and YHWH's ability to work in us freely to accomplish His tasks in these last days.**

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## Coping with Anger

In our First Year Torah Observance Survey, the initial results show that people experienced difficulty dealing with their own feelings of anger, shock and regret as a primary concern. Each one of these areas is in itself a subject. Under each of them is often some form of fear; whether it be fear of harm to oneself or to others we love. We will address them one by one in the coming weeks, starting today with anger. By the way, the word some people have used is *frustration* but let it be said here, that frustration IS a form of anger.



Most of us who have come into the understanding that being grafted into the Olive Tree of Yisrael means we are free to join in the moedim and follow His calendar have come from some

organizations as Precepts Ministries and First Fruits of Zion. She has completed basic coaching training through MentorCoach, Inc. and will be continuing work toward an additional Masters degree in coaching. Barb has provided the clinical leadership in pursuing the Life Model group and individual teaching and processing emotional and maturity issues for the past 3 years. She offers her gifts of exhortation, discernment, intercession and prophecy to the Body of Messiah, both locally and in our extended community via telephone and the internet.

### Board Member and Personal Life Coach:

Marilyn Guffey. Marilyn had been a congregational leader in her home church for over 20 years, providing Bible study, worship opportunities and lay counseling for women in transition for most of that time. She has completed her basic coaching training through MentorCoach, Inc. Marilyn has been the co leader in the provision of group and individual teaching and relationship development through the Life Model for the past 3 years. Marilyn is a serious student of the Word and has participated in and provided many Bible study

kind of church background. Similar comments are heard again and again: "How can it be that I have been in church my whole life and never understood this!" "Why haven't our leaders been teaching the whole Truth?" "If this is really true, that we need to observe Torah, why hasn't YHWH corrected us for so long?"

No one enjoys finding out that they have been wrong and need to make major changes in their life. So, a common thing to do, is to look for someone to blame. Venting anger toward someone or something, like the "church" or it's leaders, is a normal part of the process of coming to terms with what we have missed. Unfortunately, when people are not well equipped to handle anger in a constructive, God - honoring way, it can erupt into lashon hara (evil tongue or gossip) and cause many relationships harm.

As Jeremiah has written, Our forefathers did inherit lies! No one alive has caused these false teachings. And YHWH, in His wisdom, has allowed us to find ourselves in this situation. (Reasons for this are another article entirely or see Leviticus 26: 1-46, especially 44) A mature person's expression of anger will not be targeted at any one in sight, but rather will consist of descriptions of one's own situation and emotions. It will not include name calling, ridiculing or blaming of others. **Directing this emotion, such as anger, fear and the resulting confusion in prayer is THE most constructive response.** After or together with that, a listening ear from one who has navigated the waters already is good to find. Those who have already come through this transition can be a wonderful help to those newly coming in by listening as the anger and fear is expressed thoroughly until the person can move beyond it. They can also help by letting someone know if they are becoming inappropriate in their expression or length of time coming to terms with it all. Because we are interested in building up the Body of Messiah, we need to both encourage the appropriate expression of anger and help one another know when it is time to let go. Leaders who find that someone is continuing to express their outrage loudly, month after month, may need to personally speak with the person about their method of dealing with emotions, not just the topic at hand.

We cannot assume that every leader in a Messianic Fellowship is free from issues of anger. Many of us have endured devastating personal struggles with friends, colleagues, pastors, leaders as the Ruach was teaching us. People with whom we once enjoyed mutual respect can become annoyed, fearful for us, patronizing and even hostile. It is imperative to resolve this anger and frustration so that it doesn't cause harm in the present. Often, when the anger is released, and forgiveness offered, we will

opportunities, most recently with First Fruits of Zion and numerous additional Messianic Torah study materials. She thrives on offering her gifts of mercy, discernment, encouragement, intercession, and helps and has a strong desire to support the Body of Messiah in growing in maturity and faith, both locally and in our extended community via telephone and the internet.

Board Member (VP) and support person: Janell Schroeder, BS works professionally as a computer reports specialist for a very large transportation company. She has been instrumental in the founding of Set Apart Ministries, functioning as a support person for people going through trauma recovery. She has attended numerous training experiences in this area and has participated in the Life Model program since its beginning. Janell is a certified Bethel Bible Study teacher as well as a certified Precepts Bible Study teacher. She has also been in leadership in her previous congregation as a member of church council and in Adult and Child Education. She is currently working on her Bachelors Degree in

find that a great deal of hurt remains. This, too, must be worked through and released if our Father's plans are to proceed unhindered.

If you are having trouble coming to terms with your own anger, please do pray about it first and check out the Scriptures that deal with His Sovereignty and His plan for us all. Talk with a trusted friend and a mature believer who has shown themselves to be calm in the face of emotions. If more than six months go by and you are still not at peace, there may be some other unresolved personal issues holding you back. This may be the time to check out professional evaluation or anger management training. Unresolved anger so easily turns to resentment and bitterness, things which provide far too easy a target for our adversary, ha shatan, to enter in and cause division. Let's be aware and responsible for our frustration, and come alongside others, exhorting them to grow up in every way into Messiah, in even this.

[More on coping with anger in the process will be on our website in the near future.](#)

## Maturing In Messiah



***I can't believe I did (or said) that!!!***

Have you ever thought that following an angry outburst? The Bible tells us, *In your anger do not sin. Do not let the sun go down while you are still angry, and do not give the devil a foothold (Eph. 4:26-*

*27)*. Didn't Y'shua express anger when He chased the money changers out of the temple? When is anger okay and when is it out of hand?

The answer comes from inside of us. Part of maturing in Messiah is to be filled with the Fruit of the Ruach HaKodesh (Holy Spirit) as Paul describes in Galatians 5:22-23, one of which is *self control*. Y'shua was **always** in control of His emotions, even when He was suffering and dying for us.

Psalm 139:14 says we are *fearfully and wonderfully made*. Adonai designed our brains to be fully functional in all situations. But, because of the struggles in our flesh with sin, trauma and stress, we do not always react in the way Y'shua would have us. Part of maturing is understanding what is reacting and what is responding.

Simply put, there's a part of our brains that react and a part of our brains that are logical, cooperative and reasonable. The

Messianic Studies and plans to complete a Masters Degree through the Messianic Bible Institute Yeshiva. She brings her spiritual gifts of teaching, mercy, helps and intercession to our home Set Apart Ministries community.

Board Member, Secretary

Treasurer: Robert Klika,

BS Bob currently works professionally as a supervisor in the area of milk sanitation for the Wisconsin Dept. of Agriculture. Bob has been a leader in previous congregations through service on church council as well as in men's ministries. He provides leadership in several areas of our home community, particularly in the areas of practical arrangements for gatherings, youth ministry and fun nights, and corporate prayer as well as keeping accounts and necessary organizational paper work. He completed his high school education in a Roman Catholic Seminary and has participated in Bible study since then through several studies, including the Bethel Bible Study series and Messianic Torah for the past 4 years through First Fruits of Zion and many additional supplemental materials. He offers his gifts of helps and administration in our

reactive part is that fight or flight syndrome. Sometimes in situations of immediate physical danger, we must react quickly. If we used the logical, reasoning part, we would put ourselves in danger. Can you imagine seeing a lion and standing thinking, "Hmm, I could go this way or I could climb a tree, or..." NO! I think you would immediately react looking for the nearest escape and RUN! Unfortunately, problems result when we use the reactive part of our brains in our contact with people. We react instead of respond. As a result, we feel guilt, resentment, confusion, shame. Communication suffers, caring drops and we don't like being in some people's company.

By learning how to control the ungodly reactions, we can live in shalom within our communities. We can learn to remain calm, rational, cooperative, in other words, in self control. We'll continue this topic in our next newsletter as we continue seeking how to Mature in Messiah.

## Feedback from YOU!



We received this blessing from one of our email subscribers, she wrote, *I just opened my email site and when I opened the Set Apart message, I was absolutely filled with deep gratitude, to the point of tears, praising Yeshua for blessing us .....devoted servants who have, with His grace and guidance, put together this well-needed website!! The ability to be able to have conferences and personal coaching is such an added asset! I can't say enough about this new site!!! What a blessing, what a blessing!!!*

And one of our recent graduates from a Maturing in Messiah group wrote, *this group....has taught me so much about all the things that are important to live a happy life. I've always felt different, inadequate, and like an outsider. Life Model (copyright The Shepherd's House 1999) has shown me why and i am now working on improving my relationships I have with others and I'm building strong bonds with new people and I'm learning what real love is. I learned to forgive the people who have hurt me throughout my life and I'm learning to trust again. Life Model has taught me to believe in myself and to have confidence in what I do. I now know that I am a valuable part of society. In Life Model we learn to put God first and to trust Him for what He is doing in our lives. I've learned to receive love and to be joyful in all circumstances, good or bad, for God is in control, **not me!***

We'd love to hear from you, too. Contact us at

home Set Apart Ministries community.

## Quick Links...

[Messianic Israel Alliance](#)

[First Year Torah Observance Survey](#)

[More About Us](#)

## Join our mailing list!

info@setapartmingb.org.

## Upcoming Teleconference Groups

***Walking in Torah 101.*** Join us for an hour discussion with people from all over the world on different topics of walking in the Torah lifestyle.

***Maturing in Messiah Teleconference.*** Be a part of a Free introductory teleconference on Maturing in Messiah and share with others wanting to grow in maturity.

These introductory classes are free, only the long distance charges apply. Contact us at info@setapartmingb.org to receive more information. Class sizes are limited.

email: [info@setapartmingb.org](mailto:info@setapartmingb.org)

phone: 920 432-5002

web: <http://www.setapartmingb.org>

**Please pass this newsletter on to those you know who are new to Walking in Torah and those in Messianic Community Leadership.**

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